FORM 4

to Section 16. Form 4 or Form 5 obligations may continue. See

Instruction 1(b).

## UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, [	D.C. 20549
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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP Check this box if no longer subject

## OMB APPROVAL 3235-0287 Estimated average burden hours per response: 0.5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person* <u>Fidelity National Financial, Inc.</u>				2. Issuer Name and Ticker or Trading Symbol F&G Annuities & Life, Inc. [FG]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director X 10% Owner						
(Last) 601 RIV	(Fir	,	Middle)		3. Date of Earliest Transaction (Month/Day/Year) 12/01/2022										Office below	er (give title	е	Othe below	r (specify v)
(Street) JACKSONVILLE FL 32204				4. lf	4. If Amendment, Date of Original Filed (Month/Day/Year)									6. Individual or Joint/Group Filing (Check Applicable Line)  X Form filed by One Reporting Person  Form filed by More than One Reporting Person					
(City)	(Sta	ate) (Ž	Zip)																
		Table	I - Non-Deriva	tive	Secu	rities	Acq	uir	red, [	Disp	osed of,	or B	enefi	cial	ly Own	ed	,		
1. Title of Security (Instr. 3)		2. Transaction Date (Month/Day/Yea	Ex er) if a	2A. Deemed Execution Date, if any (Month/Day/Year)		Coc	Transaction Code (Instr.		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and				5)	5. Amount of Securities Beneficially Owned Following Reported		6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		7. Nature of Indirect Beneficial Ownership (Instr. 4)	
						Cod	ode V		Amo	unt	(A) or (D) Price		в	Transaction(s) (Instr. 3 and 4)		(111301.4)		(111511. 4)	
Common Stock		12/01/2022				J <sup>(1</sup>	1)		18,5	557,754 <sup>(1)</sup>	D	(1)	)	105,982,938 <sup>(2)</sup> D		D			
Common Stock														253,2	246(2)		I	See Footnote <sup>(3)</sup>	
Common Stock															115,6	530(2)		I	See Footnote <sup>(4)</sup>
Common Stock															90,432(2)		I		See Footnote <sup>(5)</sup>
Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																			
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Trans Code 8)	action (Instr.	of Deriv Secur Acqu (A) or Dispo	sposed (D) str. 3, 4				Date Amount of Securities Underlying Derivative Security (In 3 and 4)		nt of ities lying ative ity (Instr 4)			9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)		10. Ownersh Form: Direct (D or Indire (I) (Instr.	Beneficial Ownership (Instr. 4)
				Code	Code V (A) (I		(D)	Dat Exc	ite ercisab		Expiration Date	Title	Amount or Number of Shares	er					

## **Explanation of Responses:**

- 1. Reflects the distribution of 19,017,062 shares of common stock of F&G Annuities & Life, Inc. (the "Issuer") held by Fidelity National Financial, Inc. ("FNF") to its shareholders of record at the close of business on November 22, 2022 on a pro rata basis in connection with the spin-off of the Issuer from FNF (the "Spin-off"). Of the 19,017,062 shares distributed, 459,308 were distributed to wholly-owned subsidiaries of FNF, the reporting of which was exempt pursuant to Rule 16a-13 under the Securities Exchange Act of 1934, as amended.
- 2. Reflects 459,308 shares of Issuer common stock distributed by FNF in the Spin-off to wholly-owned subsidiaries as described herein.
- 3. Reflects securities held directly by Chicago Title Insurance Company, a wholly-owned subsidiary of FNF
- 4. Reflects securities held directly by Fidelity National Title Insurance Company, a wholly-owned subsidiary of FNF.
- 5. Reflects securities held directly by Commonwealth Land Title Insurance Company, a wholly-owned subsidiary of FNF.

## Remarks:

/s/ Colleen Haley, as attorneyin-fact

12/05/2022

\*\* Signature of Reporting Person

Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

- \* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.